

THE SPACING

*of your
family*



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Men and Women

Men and women who contemplate marriage would be assured of a happier union if the partners are prepared to consider the problems of matrimony with frankness from the very commencement.

The most serious drawback to a proper understanding of the physiological factors is ignorance, but too often the natural inclination to enter into free discussion or to seek enlightenment is suppressed, due to perhaps prudery, the relic of a past decade.

To some, marriage is just a civil institution, but those who seek further will realise it is natural instinct based upon a much higher ideal ; companionship, children, and the development of family life. These are the functions for which marriage was ordained, and no individual who contemplates marriage can afford to ignore what all this may entail. It must also be understood that both partners contribute equally to the psychological and physiological make up of their offspring, and those children merge the physical and mental faults of the parents as well as the virtues. How important it is, therefore, that the fundamental purpose of marriage should be

guided, not by emotion, but a much wider understanding, and a desire for children according to plan, at a time when the prospective mother and father are best able to assume the responsibilities of parenthood.

It has been suggested that the ideal family should consist of three and in some cases perhaps four children. Much depends upon financial circumstances, environment, and certain other governing factors. In any case the arrival of each child should be carefully spaced to ensure equal mother care, the certainty of proper diet, and eventually, the opportunity to enjoy every educational facility within the means of the parents.

To achieve this object is to safeguard the future generation and to pass on to posterity 100% physical and mental fitness. Science has provided ways and means whereby it is possible to space the family and Medical Authorities agree it is not only necessary, but safe, so to control conception. Thus the health of the mother is assured. Fear and apprehension is dispelled, and children are born according to the will of the parents at a time when they are most needed.

The practical approach to scientific spacing...

The following pages of this Booklet explain an approved method which can be practiced by those who share this new ideal of feminine hygiene through spaced births, but it must be clearly understood there is no intention of influencing any strong views which the reader may hold concerning this subject.

It is hoped, however, that it may prove of value to those seeking further knowledge and guidance, and who desire to adopt a method without any possibility of injury to health.

Such guidance is necessary because to-day there are countless mechanical appliances on the market and a number of chemical contraceptives, but seldom, if ever, is their action fully described. The user is expected to trust to the vague statements made by certain manufacturers who often endeavour to convey the impression that new discoveries have been made. Intelligent people are not inclined to subject themselves to experiments with a consequent risk of failure. Nor, indeed, is this necessary, because a scientific contraceptive of complete reliability has actually been produced for the past fifty years ; and this

has been known to the medical profession and to countless numbers of men and women in all parts of the world.

The product referred to is the soluble pessary invented by W. J. Rendell, and now known as Rendells Pessaries or just Rendells. The proprietors feel it their duty in the public interest to give the fullest possible details concerning this important preparation in order that users may be made aware of its absolute purity and efficacy.

In the first place it is necessary to state briefly how conception takes place and what this product does to prevent it. The male generative fluid, technically called semen, consists of countless live cells known as spermatozoa. One cell or spermatozoon, if it passes through the cervix into the uterus, is sufficient to fertilize an ovum, which is the active female cell. During coitus the spermatozoa are deposited in the vaginal passage, and being extremely active make their way with great rapidity towards the cervix and eventually enter the uterus. Thus conception takes place.

The Rendell Pessary acts in an extremely simple manner and effectively kills the spermatozoa immediately after ejection. The pessary, which is placed as high as possible about 10 minutes before the coital act, melts to form a thin glutinous film over which the spermatozoon must pass before it

can reach the womb. In practice, the pessary acts as a contraceptive in three independent ways.

- (1) A mechanical barrier is formed, preventing entry to the womb.
- (2) The basic ingredient Ol. Theobrom, which is specially prepared, emulsifies, entangling the spermatozoa, and prevents further movement towards the uterus.
- (3) Every spermatozoon is destroyed by the acid value of the active agent which is evenly distributed throughout the pessary.

Exhaustive tests have proved beyond all doubt that Rendells Pessaries are unfailing in their result, and it is only necessary to follow the directions which are enclosed in each box, viz. :— Insert one pessary as high as possible about 10 minutes beforehand, or merely sufficient time for it to dissolve. It should be stated here that syringing must not take place immediately afterwards because this may interfere with the action of the pessary. It is not necessary to douche at all, but those who prefer to do so, for the sake of cleanliness, must allow at least six hours to elapse or, preferably, wait until next morning.

Important safeguards

Rendells Pessaries are a British invention made by British workpeople. The most scrupulous and hygienic conditions prevail throughout the laboratories where the manufacture is carried out. Members of the medical profession who have inspected the work in progress are impressed by the way in which every stage of the manufacture is constantly supervised and express warm approval of the care given to every detail.

Raw material is tested before use to ensure that it is free from all impurities and up to the highest possible standard.

A most important feature of manufacture is to make certain that the active ingredients are evenly distributed throughout the pessary. This is done by a special process which is a closely guarded secret, and consequently not used by other makers. The efficacy of Rendells Pessaries may be largely attributed to this fact, and it is interesting to note that an eminent doctor, who is engaged in independent research work relative to contraceptives, recently reports that our product is far superior to all other preparations which have been the subject of experiment. The pessaries used in his test were purchased from a chemist in the ordinary way, and the facts were reported as a matter of personal and public interest.

Certain brands of pessaries offered for sale are made with a wax or gelatine base. We have proved that such substitutes cannot be consistently relied upon to melt at body heat, and further, are deficient in the essential property of blending readily with the natural excretions. Other chemical contraceptives are made of talc, which is insoluble and forms into hard lumps that cause abrasions. These tablets effervesce, causing an unpleasant effect. They dry up the excretions and, as the active oxidising agent is a substance which becomes inert within a short time after manufacture, they have been proved quite unsatisfactory.

A word of **WARNING ..!**

A malicious report has been circulated by interested parties to the effect that each box contains one ineffective pessary. This, though ridiculously untrue, is fairly widespread, and our solicitors have instructions to take proceedings against any persons circulating this rumour. We offer £1,000 to charity if any person or persons can prove that each box of pessaries contains one which is not efficacious.

It is also necessary to warn the public against purchasing so-called soluble pessaries which are made of cocoa-butter not properly compounded. This, apart from having an objectionable smell in consequence of not being deodorised, contains foreign and fibrous matter which sets up irritation. Even the best brands of cocoa-butter contain certain impurities which must be removed before being suitable for the purpose required. An important process in the manufacture of Rendells is carried out in the filtering department, where all cocoa-butter used is blended so that it will consistently melt at body heat. Here it is also deodorised and undergoes a refining process.

Ask your chemist

Rendells Pessaries are sold by good class chemists in all parts of the country at the fixed price of 2/6 per box, containing twelve or half-size boxes of six at 1/6.

Refuse substitutes of doubtful origin which, though of inferior quality, are sometimes offered at ridiculously high prices. You will be able to get supplies from the pharmacy or drug store where you obtained this booklet, or, if desired, we shall be pleased to give you the names of the chemists in your district who are regularly supplied and, therefore, able to provide your requirements at all times.

For the further convenience of customers it is only necessary to detach the last page of the booklet which is a prescription form. Hand this to your chemists and he will at once know what to supply.

We are always glad to answer queries or to give any further information which may be required.

Letters should be addressed :—

W. J. RENDELL, LTD.

Information Department,

161/5, Rosebery Avenue, London, E.C.1.

Other Rendell Products

W. J. Rendell, Ltd., also manufacture the following products for feminine hygiene, which can be purchased from your usual Chemist or Drug Store:—

SILATEX Hygienic Sanitary Pads

SANTRON—the most suitable germicide deodorant and disinfectant for feminine use.

MENSINOLE TABLETS — for menstrual pains, headaches, neuralgia and general feverish conditions.

Ask your chemist for a copy of Nurse Drew's Booklet "HYGIENE FOR WOMEN", which explains fully all these valuable products, or send 3d in stamps to address on previous page.

When purchasing Rendells Products use this prescription form and your Chemist will know exactly what you require.

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Please Supply:—

.....Box Rendells Pessaries $\frac{1}{6}$ size.
..... $\frac{2}{6}$ size.

.....Packets Silatex, Size 0, 1, 2.

.....Boxes Mensinole $1\frac{1}{4}$

.....Bottles Santron $1\frac{1}{2}$ size.
..... $\frac{2}{9}$ size.

Delete items not required.